

# Duette®

CONTACT LENSES

Transform your vision  
with Duette.



*Lens Handling & Care*

## How to put in your lenses:

**Always wash your hands with mild soap and dry them well with a lint-free towel before handling the lenses.**

It is a good idea to handle your lenses in the same order each time to avoid getting them mixed up.

Putting in Duette lenses is just like putting in a soft contact lens.



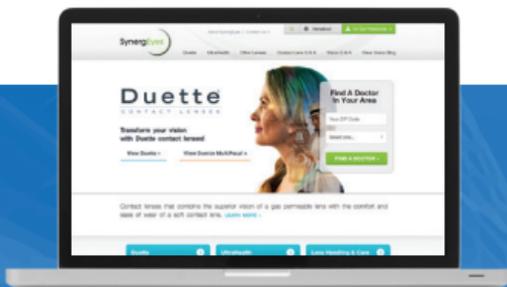
1. Place the lens on the tip of your finger.

A drop of preservative-free lubricant can be added to the bowl, if desired.



2. Pull down on your lower lid and gently place the lens on your eye.

Slowly release your eyelid and blink several times.



Visit [www.SynergEyes.com](http://www.SynergEyes.com) to view handling & care videos, reference packaging insert, and learn more about Duette.

## How to remove your lenses:



1. Using one hand, pull your upper lid back.



2. Using your finger on the opposite hand, pull down your lower lid gently.



3. With **dry fingers**, pinch bottom of soft skirt at the 5 & 7 o'clock position – keeping the pads of your fingers together as you pinch. Hold the pinch for a count of two and lift the lens away from your eye. Dry your fingers before removing the next lens.

## What's the difference between removing Duette and soft contact lenses?

- Soft lenses are removed with a broad grasp. A soft lens bends and comes out.
- Duette does not bend in the middle, so it needs to be removed with a narrow pinch at the 5 & 7 o'clock position, *like picking a piece of lint off your clothing.*

## Lens care instructions:

### Clean Your Duette Lenses Daily



1. Place the lens bowl-side up in the palm of your hand. Rinse your lenses with a daily cleaner (approved for both soft and gas permeable contact lenses). **Never use tap water to rinse or store your lenses.**
2. With the pad of your ring finger, gently rub the entire lens in a circular motion against the palm of your hand. Be sure to thoroughly clean the front and back of the lens and then rinse it well with saline.
3. Store your lenses in either a hydrogen peroxide system OR multi-purpose disinfecting solution. (Please see solutions list on back page.)

The recommended replacement schedule for Duette lenses is every six months.

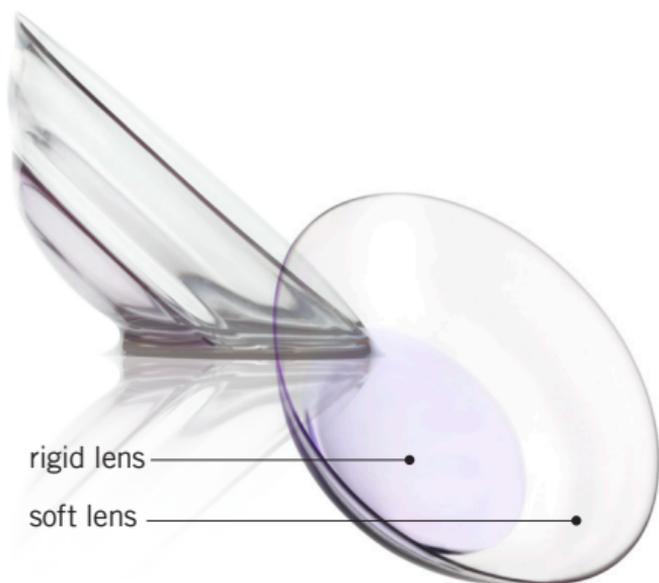
It is important that you always follow your eye care professional's instructions. Based on your individual needs, your eye care professional may recommend a different replacement schedule.

## *What to expect:*

Duette® contact lenses offer great vision day and night.

It is normal to have lens awareness for a few days as you adapt to the feel of Duette advanced-technology hybrid lenses, but this lens awareness will diminish over time.

Duette® combines two types of materials into one unique lens. The lens center is made of rigid material to give you great, stable vision. The soft skirt keeps the lenses comfortable throughout the day. No other contact lens uses the dual material design to provide great vision and comfort in a single lens.



### Disinfection Systems (use *either* a hydrogen peroxide or multi-purpose solution)

- ClearCare® by Alcon\*
- Biotrue® by Bausch & Lomb
- Complete® by AMO
- renu® fresh™ by Bausch & Lomb



The standard of care for contact lenses recommends using a daily cleaner approved for both soft and gas permeable lenses. (Please reference lens care instructions on the inside of this brochure.)

If needed, use rewetting drops approved for both soft and gas permeable lenses, as directed by your eye care practitioner.

\*In some patients the tear chemistry may react with the hydrogen peroxide to cause a permanent white ring at the junction of the rigid center and soft skirt. This ring does not affect vision or comfort.

**For more information on Duette and to view  
handling & care videos visit [www.SynergEyes.com](http://www.SynergEyes.com)**